

4-Day Amazon Rainforest + Baños City



Spend in the **Ecuadorean amazon rainforest**. Drive in the middle of the magical **Andes mountain range**. Admire **massive volcanoes** on this journey which are active. Enjoy a dynamic tour with a friendly guide who is going to show you the **amazon treasures**. Discover **culture, history, gastronomy and more visiting and indigenous community**. Learn more about the **flora and fauna from the jungle**. Feel the adrenaline walking on a suspension bridge to see the massive **Devil's Cauldron waterfall** in Baños city. Cross over the **Pastaza river by Tarabita by cable car** to close up the **Bride's Mantle waterfall**. Photograph a dramatic, mountainous setting from the **Tree House**. Enjoy a **splendid climate in the Amazon and foothills of the Andes** mountain range.

Itinerary:

Day 1: The trip start from the Andes (2,800 msl / 9,000 Feet)

Early departure from Quito city to connect with an Andean scenic view in some minutes. We stop in the viewpoint of the virgin to see the Antisana Volcano (If weather allows). We'll drive on the inter-oceanic highway to continue descending to the Amazon.

A look at the city of Tena (598 msl / 1,961 feet)

Observe three waterfalls called "Las 3 Marías" before arrive the Tena city. Feel a warm weather that occurs after descent from the Andes mountain range to lower areas. See stormy rivers by the highway come from the upper parts of mountains. We'll stop in the Tena city, just to walk or do little shopping.

Welcome in the amazon Eco-Lodge

Eco-lodge staff will be waiting for us in the intersection of Napo and Arajuno rivers, where we will take a motorized canoe that goes for 20 minutes through the tropical forest to Eco-lodge. The ecological lodge was built trying to cause the least possible impact on the forest.

At the Eco-Lodge, you can enjoy the refreshing water of the river, relax watching or listening to sounds of the jungle in the outdoor lobby. Rest in single, double or family rooms. The rooms are lit with candles, thus avoiding the use of fossil fuels and giving an atmosphere of tradition to the cabins. Don't forget to bring your flashlight, it will be very useful on night excursions.

Turn on your lamp and do a nocturnal hike by the Eco-Lodge trails. On the walk, you can find tarantulas, spiders, frogs, insects and sometimes snakes.

Meals included: Dinner

Overnight in the amazon Eco-Lodge

Day 2: Meeting the magical Kichwa community (300 msl / 984 feet)

After breakfast, we'll visiting a protector forest which is located crossing by canoe the Arajuno river. In the forest, we may be able to observe monkeys, native jungle plants and birds that are typical of this ecosystem. The native Guide will give you the jungle interpretation, its medicinal plants and uses that were once given to leaves or lianas that were found in the place. This activity lasts about 2 - 1/2 to 3 hours.

In the afternoon, it is time to enjoy a cultural activity. An Amazonian Kichwa community passed us by and we will learn about their way of life and the interaction they have with the jungle.

In this meeting, that part of the Amazon that is not found on maps will be shown: the Amazonian people in their daily lives. Part of our visit to the community consists of sharing the famous "chicha", a fermented yucca drink that has become part of their festivities and daily consumption.

We will participate in the preparation of this drink and try some of the traditional dishes. We will end the visit with a traditional dance performed by the children of the community and have time to buy some handicrafts made by the indigenous people of the area. This small company is of great help to support the daily life of the indigenous people.

Meals included: Breakfast, lunch and dinner
Overnight in the amazon Eco-Lodge

Day 3: Heading out from the Amazon to Baños city (1,820 msl / 5,971 feet)

Early in the morning we take a 15-minute canoe ride upriver to visit Parrots clay lick and contemplate a unique place where parrots and parakeets meet to obtain the minerals that will help them digest the fruits or seeds they have consumed. Hundreds of parrots and parakeets will approach the treetops and then descend on the clay wall to feet on this mineral-rich soil. Binoculars are essential to enjoy this magnificent natural cooperation. After this, we take a ride in a motorized canoe for 20 minutes to the Arajuno Bridge. The visit to Saladero birds depends clearly on weather conditions.

Visiting the Casa del Arbol (Tree house): 2,660 msl / 8,727 feet.

This day, we'll visit La Casa del Arbol. This spot is a lookout point used by locals to observe the Mama Tungurahua Volcano activity from 1995. This activity, which is one of the most enjoyable to carried out by people who visit Baños, it is located at a height of 8,727 feet above sea level. You can do the end of the world swing, enjoy the view and take nice pictures.

Walking around Baños city

Upon arrival at the hotel, you can rest or go out to enjoy and get to know the famous adventure capital in Ecuador. Baños city is a small city but full of squares, history, a Neo-Gothic Basilica built in 1904, bars and good restaurants. Our Guide will give you the best suggestions so you can enjoy the city on your own.

Meals Included: Breakfast
Overnight in La Floresta hotel or similar (3-star accommodation)

Day 4: Waterfall adventure and return to Quito

Hike down to Devil`s cauldron waterfall

It is a waterfall that has an impressive fall with a water volume capable of filling up an Olympic swimming pool in at least an hour. Here, you can walk along the paths that are next to the green river that forms the waterfall. You will descend along a trail that will take you to a suspension bridge more than 328 feet high. Further, you can practically admire the full force of the waterfall whose drizzle will envelop you. It will be the perfect place to take photos and make spectacular videos.

Glide by the Bride`s Mantle cable car

The Bride's Mantle is a waterfall found in the lower area of the Llanganates National Park. To be able to observe it, we will have to cross over the Pastaza River in Tarabita (cable car). Upon reaching another side, we can see orchids and other local plants that are usually cared of by farmers of the area.

Taste Melcochas a sugar cain candies

Before leaving Baños, if you are a candy lover, we can stop at a "melcochas" store (sugar cain tuffy), here, we will observe its manufacture and packaging before being distributed in the city of Baños or exported to various cities in Ecuador.

After a memorable trip, we will start our journey back to Quito. We can leave you at any point in the Quito city or at the airport.

Meals Included: Breakfast

The tour includes:

- Guide/driver (English/Spanish-speaking)
- Comfortable transportation for long trips
- 3-night accommodation in a Eco-Lodge and in a 3-star hotel in double room
- Activities according to the program
- 3 night-accommodation
- Meals included: 3 breakfasts, 1 lunch, 2 dinner

The tour does not include:

- Travel insurance
- Personal expenses
- Tips and bank fees
- Optionals or not mentioned expenses: Rafting tour: \$30 USD per person (minimum 4 people).

What to bring?

Rain jacket, light rain poncho, walking shoes, sandals, quick-dry pants, long-sleeve shirts, flashlight, binoculars, a cap, sun protector, cash for your entrance fees or personal expenses.