

## **7-Day Amazon and Highland Experience with Waterfalls, Adventure, Fun, Culture and Typical Food**



Adventure, fun, culture, flora, fauna and typical food in **Yani Waterfalls**, Tena City, **amazon region of Ecuador**. Enjoy a **warm-humid climate** and the benefits that nature offers us. Share activity along with a native-kichwa Guide. **Do rafting in the JatunYaku River, forest hikes or just enjoy nature**. Includes a visit to the **old town of Quito and the equator line**. Night talk about the **legends of the Amazon**. Visit the **tree house swing, Bride`s mantle and Devil`s Cauldron waterfalls**.

### **Itinerary:**

#### **Day 1: Arrival in Quito, Ecuador, South America.**

Meet your guide at the airport to star your adventure in Ecuador. Includes a transfer from the Quito airport to the hotel.

Includes: Accommodation in a double standard room (3-star hotel)

#### **Day 2: City tour in the historical centre and visit the Equator line museum.**

Do a walking tour by the historical centre, touring their narrow streets, old- architecture churches and plazas. Visit the famous equator line experimental museum. Entrance fees to visit these two places are included.

Includes: Accommodation in a double standard room (3-star hotel).

Meals included: Breakfast, lunch and dinner.

### **Day 3: Let`s go the Amazon!**

The tour begins at 8:30 a.m. from Tena City. Let's go to the Amazon! Travel with us this ancestral land that we must take care of so much. On this tour, we will enter the primary forest until we reach a natural spa with crystal-clear waters and virgin vegetation. Live an unforgettable episode in the Amazon forest.

Meals included: Breakfast, lunch and dinner.

Accommodation in rustic traditional cabins in the amazon forest (basic service)

### **Day 4: Secrets of the Amazon forest along with a native guide.**

Tour the cloud forest, learn about the native plants and their uses. Observe animals typical of the tropical forest. And share a day of adventure with a native guide from the Kichwa community. Night talk about the legends of the Amazon.

Meals included: Breakfast, lunch and dinner.

Accommodation in rustic traditional cabins in the amazon forest (basic service)

### **Day 5: From the amazon rainforest to the adventure city.**

Departure from the Amazon to go to the city of Baños. Enter to Puyo city and visiting the store selling items made with balsa wood. Arrival in the city of Baños, where you will have the afternoon free to walk around the city and get to know it on your own.

Accommodation in double standard room (3-star hotel)

Meals included: Breakfast

### **Day 6: Waterfall route in Baños and visit the tree house swing.**

Visit the tree house swing, Bride`s mantle and Devil`s Cauldron waterfalls. Entrance fees for these activities are included. After this, return to Quito city.

Optional activity rafting in the Pastaza river (This activity has an extra cost of \$30 USD per person, prior reservation with minimum 4 people).

Accommodation in double standard room (3-star hotel)

Meals included: Breakfast

### **Day 7: Bye bye Ecuador mainland.**

Usually, after this experience you can connect to Galapagos Islands tour. Ask about our departures and promotions. Transfer to Quito airport is not included.

Meals included: Breakfast

#### **The tour includes:**

- Certified Guide/driver (English/Spanish-speaking)
- Comfortable transportation for long trips.
- Activities according to the program

#### **The tour does not include:**

- Travel insurance
- Personal expenses
- Meals and optional activities not specified (Entrance fees)
- Tips and bank fees
- Single supplement

#### **What to bring?**

Rain jacket, light rain poncho, walking shoes, sandals, quick-dry pants, long-sleeve shirts, flashlight, binoculars, a cap, sun protector, cash for your entrance fees or personal expenses.