

## 1-DAY BIKING COTOPAXI



Another way to see the impressive Cotopaxi. Two different activities will make your adrenaline go on alert. Walk along volcanic trails that will take you to the refuge. Then cycling down to the lagoon is an incredible experience. Do not miss out!!!

### **Itinerary:**

Please, be ready 10 minutes before departure. Our meeting point is in the Plaza Foch at 6:50 a.m. Then, we will drive out of Quito. Our transportation will take the southern avenue of the City. After, 1 and a half hours on the Pan-American Highway we reach the park entrance of Cotopaxi National Park. We drive through pine forest and soon reach the Visitors' center of the park. After visiting the Center we continue the ascent in our 4-wheel drive vehicle until we reach the highest point of the tour, 4,500 mls /15,000 feet. The view from this point is stunning and on a clear day we are able to see 8 volcanoes.

We then put on helmets, gloves and protective pads and the bike adventure on the world's highest active volcano can begin. The first 8 km will take us down 700 m on dirt roads through volcanic ash and tundra landscape. At 3,800 m. you actually have to do some pedaling while we head down another 8 km between volcanic rocks and

wild horses to our lunch spot by an Inca ruin at 3.700 m. With some luck we might see a condor or a caracara. We put the bikes back on the jeep and head for the lake of Limpiopungo at 3,800 m where we start the 16 km downhill biking on dirt and paved roads through pine forest. After this, the bike adventure is over for now and around 16:00 we are back in Quito.

This is the standard itinerary that we always try to respect. Please keep in mind that due to the nature of this tour we sometimes have to be flexible because of weather conditions, or biking skills of other participants.

Days	Location	Length	Max. Altitude	Min. Altitude	Difficulty Level
1 Day	Cotopaxi	31 km/19 miles	4,500 meters/15,000 feet	3,200 meters/11,300 feet	Family Adventure Moderate

**The tour includes:**

- Guide/driver (English-speaking)
- Comfortable transportation
- Activities according to the program
- Box lunch
- Mountain bikes
- All safety gear (helmet, hand gloves)

**Not Included**

- Travel insurance
- Personal expenses
- Tips

**What to bring?**

Warm clothes, rain/wind jacket, sun glasses and protector, walking shoes, cash for your personal expenses.